

SEEING PEOPLE WITH DISABILITIES

People with disabilities are in your community. Use this reflection exercise to help you see people with disabilities in your practice.



Keep reflecting on ways to include people with disabilities in your work!
Customize the back to include action steps and resources that are unique to your area!

Learn More: <https://bit.ly/3fPiAai>

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ASSOCIATION OF UNIVERSITY CENTERS ON DISABILITIES

THE LEADERSHIP, EDUCATION, ADVOCACY & RESEARCH NETWORK

Over 61 million people have disabilities living in communities across the country. Not all disabilities are immediately apparent or disclosed. Types of disabilities include, but are not limited to:

- Visible and invisible disabilities
- Hearing, vision, and mobility issues
- Cognitive issues
- Mental issues

Medical and allied health professionals all benefit from disability training. Here are some important actions to take to advance your services:

- Include individuals with disabilities in your staff
- Learn how to use plain language
- Train your staff
- Accomplish meaningful outreach and engagement strategies

Partnering with others can help you access a wide range of expertise. Use this list as a guide to connect with organizations for support:

- Association of University Centers on Disabilities (AUCD)
- Centers for Independent Living or local group homes
- Americans with Disabilities Act (ADA) Regional Centers
- Find a local Aging & Disability Resource Center